



AFTERCARE INSTRUCTIONS

Micro-Needling

- It is normal for the skin to appear red following treatment. This should subside within 36 hours.
- The skin may feel tight, itchy, stinging and there may be the appearance of blood spots.
- Do not touch, pick or pull at the skin.
- Cleanse the skin using mild cleanser.
- Avoid facial products containing fragrance for 3-5 days.
- Do not scrub area – gentle patting only.
- Do not apply make up until all redness has subsided.
- Do not swim in chlorinated water for 2 weeks.
- Avoid sunbeds for 2 weeks.
- Avoid hair removal such as waxing or laser for 2 weeks.
- Apply sunscreen for at least 2 weeks after treatment.
- Rarely, side effects such as bruising, blisters, hyperpigmentation and infection can occur due to the invasive nature of the treatment. These effects should be temporary.

Recommended between sessions:

- Daily application of a gentle skincare such as CLINICARE is recommended following the procedure for the acceleration of regenerative processes and consolidation of procedure results.
- Although the micro-needling treatment is effective in most cases, it is recommended to have several treatments for optimum results.
- AHA and BHA superficial skin peels can be used once the skin is fully recovered from the treatment.