



# AFTERCARE INSTRUCTIONS

## Dermaplaning

Reactions from the treatment can include:

- Skin redness
- Irritation

Effects should resolve within a day and you can return to normal activities on the same day.

- Refrain from touching skin with hands until pores have closed.
- Make up can be applied once the skin has settled.
- Avoid facial products containing fragrance for 3-5 days.
- Do not use other peeling/exfoliating, retinoids or vitamin A products for 3-5 days.
- Do not swim in chlorinated water for 72 hours.
- Use intensive moisturiser for at least 1 week after treatment.
- Avoid hair removal such as waxing or laser for 2 weeks.
- Apply sunscreen for at least 1 week after treatment.
- Avoid saunas, sunbeds, steam, electrolysis, waxing or laser hair removal for at least 1 week after treatment.